Tea (Chai) Recipe

Serves 10

Ingredients

- ☐ 10 cup water
- ☐ 5 cup whole milk
- ☐ 10-15 teaspoons sugar (adjust according to taste)
- ☐ 10 teaspoons black tea leaves
- ☐ 3-4 inches of ginger (need to be crushed)
- ☐ 6-7 green cardamom (crushed)

Instructions

1. Bring the water with the crushed or grated ginger and cardamom to a boil
2. Simmer for 3-4 minutes
3. Add black tea leaves and boil for 1 minute
4. Add milk and sugar and bring to a boil
5. Simmer for 3-4 minutes again until aromatic
6. Strain and serve

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